

CYBER SAFETY & AWARENESS

FILTERING, MONITORING, AND MANAGING SCREEN TIME.
KEEPING KIDS SAFE.

NOTES, COMMENTS, QUESTIONS

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- The ever changing media culture that our children face.
- The benefits of being a tech-savvy parent.
- How to protect your children in and out of your home.
- How to monitor your child's online activities.
- Setting time limits for your child.
- Hardware devices to help filter the whole home.
- Software programs for the Mac and PC.
- Mobile device management.

IMPORTANT TIPS

- Don't be afraid to change the rules! You're the parent, you got this!
- Remove technology at night (bedtime rule, charging station)
- Know the passwords to all of your children's accounts (password book or APP)
- Use SOFTWARE to help filter, monitor, and manage screen time. (ScreenTime, Qustodio, Life360, Blocks, Funamo)
- Consider a HARDWARE device to assist you (Circle, Kindle PaperWhite, Bob)

RESOURCES

CELL PHONE CONTRACT	https://tinyurl.com/CellContract2
COMPUTER CONTRACT	https://tinyurl.com/computercontract2
QUSTODIO (MAC, PC, CHROME)	https://www.qustodio.com/
LIFE360 (CELL LOCATION)	Search "Life360" in iOS App or Google Play store
iOS SCREEN TIME (IPHONE/IPAD)	https://tinyurl.com/ios-ScreenTime
BLOCKS (CHROMEBOOK FILTER)	Search "Blocks" in Google Play Store
GOOGLE FAMILY LINK (CHROMEBOOK, ANDROID)	https://google.com/familylink
FUNAMO (ANDROID)	Search "Funamo" in Google Play Store
BOB - SCREEN TIME MANAGER	Search "Bob Screen Time" Amazon \$75
GOOGLE SEARCH SAFETY MODE	https://google.com/familysafety/tools
YOUTUBE FAMILY SAFETY	http://tinyurl.com/iccgurusafety
COMMON SENSE MEDIA	https://www.commonsensemedia.org/

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RISKY APPS TO WATCH OUT FOR



Not every app is meant for kids - even if minors are technically allowed to use them. We've highlighted the following apps that are currently popular among kids, but are potentially dangerous or problematic.

SOCIAL MEDIA



INSTAGRAM | 13+

- Easy to falsify age
- Even with private profiles, you can contact others
- Hashtags can lead to inappropriate content
- **Recommended 16+**



SNAPCHAT | 16+

- Often used for sexting/drugs
- Messages disappear, leaving no trace
- Can reveal user's location



TIKTOK | 13+

- Strangers can comment on kids' videos
- Users have reported sexual abuse
- Inappropriate content is rampant
- Settings can encourage self harm
- **Recommended 16+**



REDDIT | 17+

- Primarily adult users
- Inappropriate content includes violence & porn
- Easy to create fake accounts

VAULT APPS



VAULTY | ALL AGES

- Android only
- Keeps videos and pictures inaccessible to others
- Snaps a photo of anyone who tries to access the app



CALCULATOR | 17+

- Looks like a calculator but is used to hide files
- Decoy passwords show harmless photos
- Meant to confuse parents

ANONYMOUS APPS



ASKFM | 17+

- Users ask racy questions and receive answers
- Bullying can be an issue



KIK | 17+

- A favorite of sexual predators
- Used to send sexts and nude photos/videos
- Message disappear when you log out



OMEGLE | 17+

- The tagline is "Talk with Strangers!"
- Instantly video chat with random people
- Adult content is rampant



WHISPER | 17+

- Users post confessions
- Location-based sharing
- Inappropriate content

WE CAN HELP

All of the stuff you learned today can be done on your own, but we are here to assist you.